

The Town of Miami Lakes and its Special Needs Advisory Board presents:

Parent Support Group

Topic: How to Manage Stress

Do you have a child with special needs and feel overwhelmed? Join board-certified behavior analyst, Christy Carbonell, for a virtual parent support group on managing stress. Join the discussion on zoom using ID: 666 475 152 please sign in between 5:30 pm - 6:00 pm or watch it live on the Town's Facebook and YouTube.

Christy Carbonell, MS TESOL, BCBA is a Board-Certified Behavior Analyst (BCBA), consultant, self-help coach, and motivational speaker. She is the owner/founder of Behavioral Resources and Innovations (BRI-ABA Services & BRI-learning) and has been in the field of helping others lead meaningful lives for over 20 years. With her bachelor's degree in psychology and a minor in communication, her experience includes social work, counseling, and psychological services. She has worked with families, children, and adults dealing with post-traumatic stress disorder (PTSD), anxiety, and other mental and behavioral health issues surrounding domestic violence, run-away youth/teens, foster care, and a variety of everyday stressors. A huge passion of hers is working with persons with autism and other special needs of all ages using an ABA approach. She also loves teaching new skills to others as she is also an educator with a master's degree in Teaching English to Speakers of Other Languages (TESOL) with a minor in Exceptional Student Education (ESE). Christy has spearheaded the startup and opening of several autism schools and programs for children and adults including receiving funding from the Children's Trust. She has worked with several community agencies and programs such as Easter Seals South Florida where she worked on infusing ABA throughout the entire agency for children and adults with special needs including starting an autism culinary arts high school focusing on employment and independent living skills, a k-12 autism school and job coaching/ supported employment services through the Florida Division of Vocational Rehabilitation. In addition, she has been the behavioral consultant for UM-NSU CARD and various therapy centers. Christy is also a board-approved supervisor and CEU provider for behavior analysts and those pursuing board certifications. She loves the opportunity to be able to help others on their journey of positive life changes and has been featured in Voyagemia.com Miami's most inspiring stories in south Broward. Check out the interview and learn more! <http://voyagemia.com/interview/meet-christy-carbonell-behavioral-resources-innovations/>.